

WORKSHOP DESCRIPTIONS

Physical Awareness and Breath explores the breath work that is at the core of most theatrical training. Recently returned from studying at the Canadian National Voice Intensive, William Landsman will lead the participants through deceptively simple exercises designed to ground your voice in your body. A great workshop for anyone who speaks publicly, sings, or acts.

Using Sound and Music as a part of Theatrical Story-Telling will use scene work, discussion and exercises to explore new ways of examining music and sound in staged story-telling. LA based director and musician Suzanne Karpinski will lead this workshop.

Meditative and Healing Drumming led by Ryan Anderson addresses the subject of healing through drumming. Rhythmic patterns have been proven to transmit energy along the waves of vibration. Shamanic drumming has been used for over 15,000 years and is becoming widely used here in the West for healing, trance, meditation and reconnecting with your mind, body and soul.

Successful Collaboration will explore the different ways artists from varying disciplines can collaborate and find a common language. Often artists have different concepts of time, space and form. Understanding these basic concepts will lead better understanding of what performers can expect in cross-disciplinary work. Butler MFA candidate Joshua Morris will lead this workshop.

Moving Toward Peace is an introductory class for either students, families or adults- exploring creative movement and non verbal communication (Dance and Conflict Resolution).

Remembering Your Voice workshop is geared toward beginning singers, learning through non-singing vocalizations and moving into sung vocalizations. Indianapolis based singer Ellen Denham will lead this workshop

Sustainable Theater Techniques led by CalArts professor, Ian Garrett will be a round table discussion on sustainability and theater and how to start “greening” your theater. This will be held in two sections.

Yoga with Jaclyn Virgin concentrates on a flowing style of breath awareness during movement. The class will enhance the strength, endurance, and flexibility of the body. The benefits can help reduce stress from our day to day lives.

Contact Improv will introduce the basics of moving in the moment while following, mimicking or supporting another person(s). Contact improvisation involves the awareness and use of weight, gravity, and our bodies’ pathways and mechanics. It can also be used as a party trick. Dancers Caitlin Swihart and Ashley Benninghoff will lead this workshop.

Acting for the Editor gives a brief overview of the skills of film editing and will teach actors simple techniques to prevent their best work from ending up on the cutting room floor. William Landsman will teach this workshop.

Art for Social Change will host a panel of artists who use their arts as tools for social change, either directly or indirectly. We will create a network to share resources, innovations and connections, based on all of our past experiences. Cindy Marie Jenkins will lead this discussion.